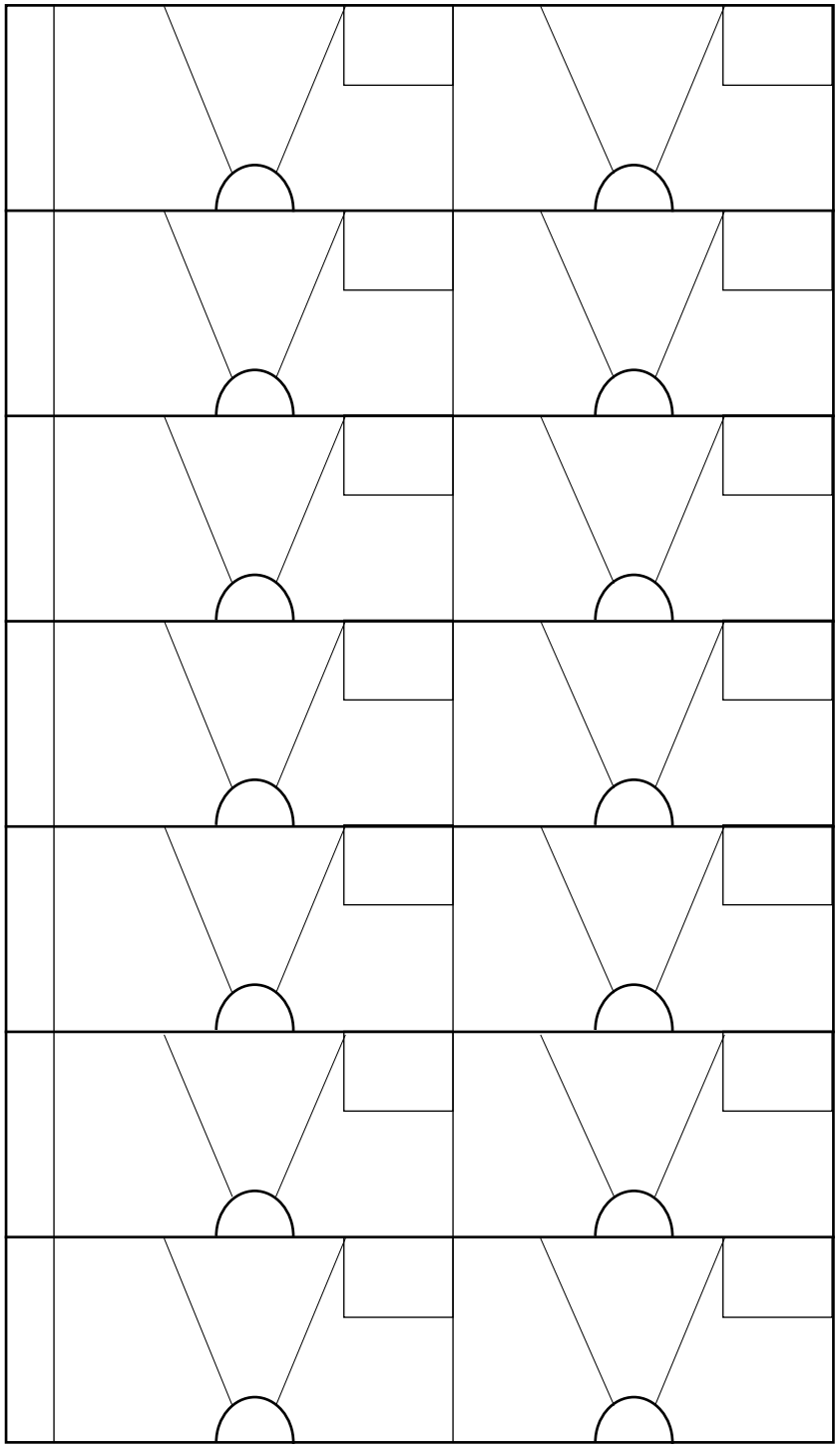
VAULT COMPULSORY 5

TEAM_____ JUDGES NAME_____



RUN & BOARD (C4)

Fail to Accelerate	^.30
Fail Speed to Board	^.30
Excess Forward Lean	^.30

PREFLIGHT (C4)

Body Pike	^.50
Body Arch	^.30
Legs Bent	^.30
Legs Separated	^.30
Poor Foot Form	^.20

PREFLIGHT (C5 - Above +)

Poor Flight from Board	^.50
Strong Tuck	^.40

SUPPORT PHASE (C4)

Body Pike	^.50
Body Arch	^.30
Legs Bent	^.30
Legs Separated	^.30
Poor Foot Form	^.20
Shoulder Align	^.50
Fail Handstand	^2.00
Contact After Vertical	^1.00
Hands Past Tape	.50
Hands Walk	^.30
Fail Both Hands	3.00

SUPPORT (C5 - Above +)

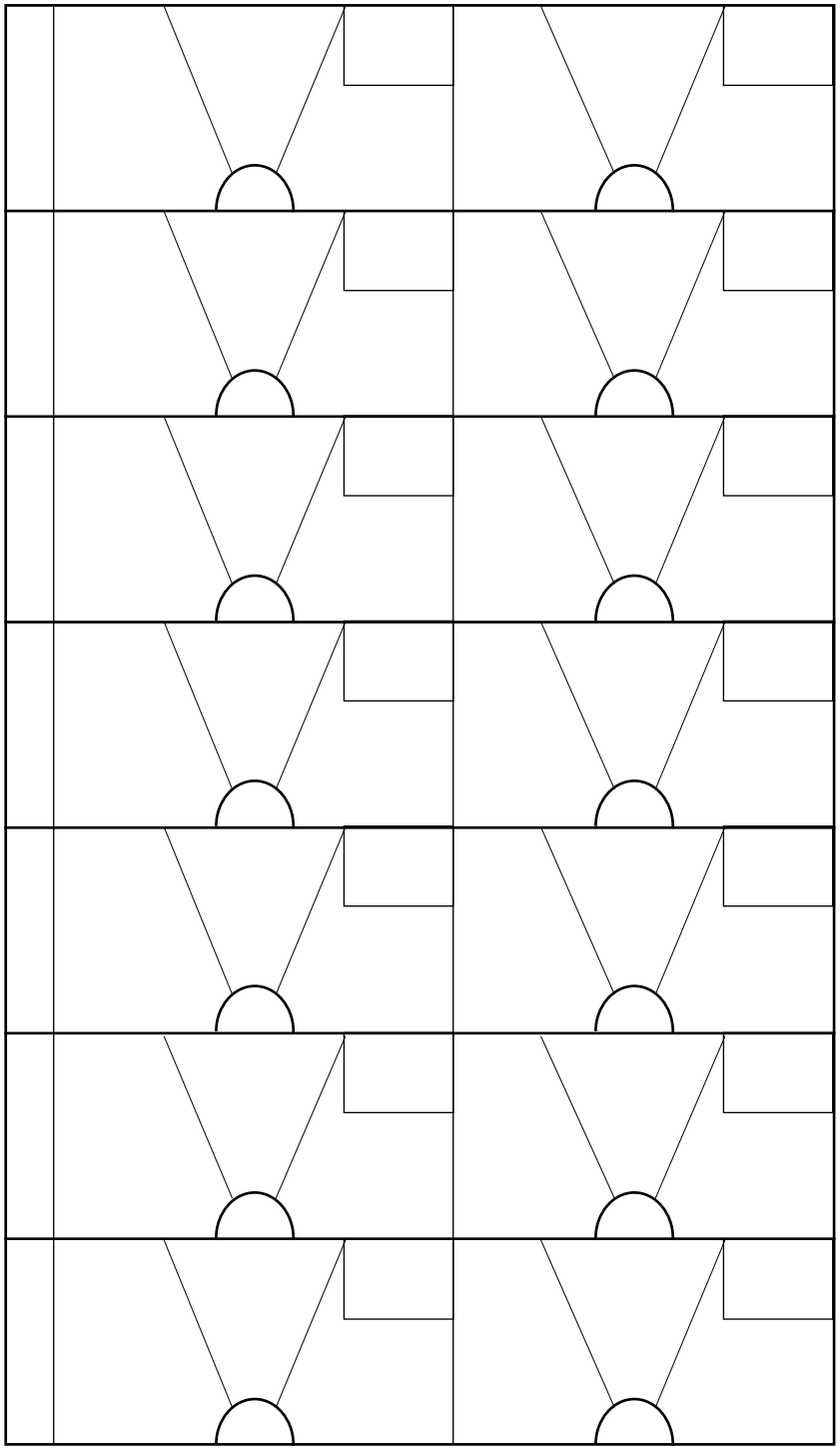
Arms Bent	^1.00
Repulsion	^1.00
Alternate Repulsion	^.20
Fail Both Hands	Void

AFTERFLIGHT & LAND (C4)

Body Pike	^.50
Body Arch	^.30
Legs Bent	^.30
Legs Separated	^.30
Poor Foot Form	^.20
Fail Straight Finish	^1.00

AFTERFLIGHT (C5 - Above +)

Poor Height	^.50
Poor Distance	^.30
Lack Extension	^.50
Forced Afterflight	^.40
Direction	^.30
Lack Control	^.30
Heavy	^.20
Steps (.10 each)	^.30

GENERAL (C4 & C5)

Poor Dynamics	^.30
Incorrect Vault	Void
Coach Facilitated	Void
Spot or Fall	^.50